



Supply Chest

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Ready - Resourceful - Responsive!

Vol. 56 No. 16

FISC Norfolk Personal Property employee travels to Gulfport to help ease the burden for Hurricane Katrina victims

Carrie "Wendy" Jeffers, a Supervisory Traffic Management Specialist at the Norfolk Personal Property Shipping Office, recently returned from Gulfport, Miss., where she helped process Hurricane Katrina victims. She had seen the devastation on television and in newspapers. She even had first-hand accounts from a sister who lived through the hurricane, who later came to stay with her. But when she left for Gulfport, she still wasn't prepared for what she was about to see.

"When I got there and actually saw what I saw, all I could do was cry a little and pray a lot for all of those families there that lost literally everything," said Jeffers. "The last time I was there was Thanksgiving of last year, and it didn't even look like the same place."

While in Gulfport, she worked at the Personal Property office at the Construction Battalion Corps base there. She, along with another volunteer, assisted the lone regularly assigned counselor there with helping Sailors with their personal property shipments. She also helped distribute Red Cross materials, and helped in the Family Services office. The Gulfport Personal Property office normally has just one counselor assigned there, so the help was greatly appreciated. "She normally handles Gulfport, Pascagoula and surrounding cities in Mississippi," explained Jeffers. "She counsels the member and his family on his entitlements and then forwards the paperwork to Keesler Air Force Base, where most of the shipments are booked for her."

Despite the extent of damage, Jeffers found that people in the Gulfport area kept looking forward, wanting to get on with their lives. "The people were pleasant but they all looked very weary - even the folks who worked at the Family Services office in Gulfport," said Jeffers. "Everyone there has some type of damage to their home. Either they lost their home completely, lost a roof or have trees through their roof. I also noticed some of the groups that were there doing relief efforts that had brought clothes into the area had the clothes piled in piles all over the ground. I really wanted to help them fold clothes and put them in order for people to go through. It was shocking to see them all piled up on the ground."

While in Gulfport, Jeffers was able to provide some training for the counselor normally assigned there. "I made a few suggestions to the counselor who works in Gulfport that I thought would help her," explained Jeffers. "I showed her some of the forms that we use to simplify the process of taking the applications."

When she wasn't helping people with their household goods shipments, she also assisted with distribution of Red Cross assistance. During her 17 days at Gulfport, she personally saw more than \$2 million delivered to families who desperately needed help. "I know some people are hesitant to donate because they're not sure how the money will be used, so it was good to see that the money everyone was giving was



Wendy Jeffers

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Supply Chest begins electronic distribution

This issue of the *Supply Chest* begins a new era for the FISC Norfolk publication. Instead of waiting to happen upon a paper copy, you will see the *Supply Chest* delivered right to your desktop. This electronic distribution accomplishes several goals. The most important one is that you will receive up-to-the-minute news right on your desktop as soon as you open your email.

Please print this copy of the *Supply Chest* and share it with any co-workers who might not have convenient access to a computer. We hope this electronic distribution will help promote wider distribution of your newspaper.

We hope you like this new electronic distribution of the *Supply Chest*. Let us know what you think. Give us a call at 443-1014, or email jim.kohler@navy.mil.

NAVSUP Executive Director receives prestigious award

Mr. Jeffery Orner, Executive Director, Naval Supply Systems Command (NAVSUP), has been named a recipient of the Presidential Rank Award for Meritorious Executives.

These prestigious awards recognize a select group of career members of the Senior Executive Service (SES) for exceptional performance over an extended period of time. Nominees must consistently demonstrate strength, integrity, industry, and a relentless commitment to public service. Through their personal conduct and their results oriented leadership and program management, they have established and maintained a high degree of public confidence and trust.

The President selects award recipients after a rigorous review process led by the Office of Personnel Management. Panels of private citizens are the core of this review process. These citizen panels evaluate all agency nominations. They look for senior executives and professionals who have made a difference. They seek executives who lead a citizen-centered government, foster partnerships and community solutions, and who promote a culture of achievement throughout their workforce. They also look for senior professionals whose exceptional professional, technical, or scientific achievements have produced extraordinary results for the nation. The rank of Meritorious Executive is awarded to no more than five percent of the U.S. Government career SES members. Each winner is presented with a signed certificate by the President.

Mr. Orner has been the Executive Director and senior civilian of the Naval Supply Systems Command since November 2001. As the number two official in the NAVSUP enterprise, he leads a worldwide workforce of over 24,000 military and civilian personnel, both in day-to-day operations and in strategic planning and business transformation. The NAVSUP team serves as the Navy's supply chain managers and provides a broad array of logistics support services to U.S. and allied naval forces.

A native of Ebensburg, Pa., Mr. Orner holds a Bachelor of Arts degree from Wittenberg University in Springfield, Ohio, and a Master of Science degree from The American University in Washington,



NAVSUP Executive Director Mr. Jeffery Orner

D.C. He is a graduate of the Contemporary Executive Development Program at George Washington University, of the Advanced Program Management Course at the Defense Systems Management College, and of the Navy Executive Business Course at the University of North Carolina. He is a member of the Acquisition Professional Corps, certified in both the Program Management and the Acquisition Logistics career fields.

Prior to coming to NAVSUP Mr. Orner held a number of positions with Naval Sea Systems Command and PEO Mine Warfare.

Supply Chest

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Rear Adm. Frank Allston receives SC Lifetime Achievement Award

At a recent Supply Corps Flag Conference, Rear Adm. Daniel H. Stone, 43rd Chief of Supply Corps, recognized Rear Adm. Frank J. Allston with the Navy Supply Corps Lifetime Achievement Award. Allston has contributed significantly to the Navy Supply Corps through more than 34 years of active and Reserve duty and 51 years of civilian life.

Allston enlisted in the Navy Reserve in February of 1951 while attending the University of North Carolina. He graduated from UNC in May 1952 with a BA degree in Journalism and Political Science, was commissioned through the Reserve Officer Candidate (ROC) program in August 1952 and was graduated from NSCS Bayonne in February 1953. He later earned an M.B.A. through the Executive Program at the Graduate School of Business, the University of Chicago.

During his active duty years he served as associate editor and acting editor of the Navy Supply Corps Monthly Newsletter. As a senior Reserve officer he held command of three Reserve units. He also proposed a comprehensive plan that was adopted to establish a Naval Reserve Supply Corps Direct Commission Program.

One of his many contributions since retirement from the Navy was the researching and writing of the history of the Supply Corps, "Ready for Sea." In 1994 he set up the Oral History Section of the Navy Supply Corps Museum to preserve the more than 100 "Ready for Sea" interview tapes he used in his research. He continues to interview Chiefs of Supply Corps who retired after 1995 to add to the oral histories. He also continues to contribute articles to the Navy Supply Corps *Newsletter* highlighting the role of supply and the Supply Corps in events in America's history and stories of memorable Supply Corps officers.

Of Rear Adm. Allston, Rear Adm. Stone said, "He has shown a continuing commitment and dedication to the Navy and Navy Supply Corps. His authorship of 'Ready for Sea' and work with the Navy Supply Corps Foundation and the Supply Corps Museum provides a record of our Corps that will last in perpetuity."

Allston has served as President of the Navy Supply Corps Association and eight terms as Director of the Chicago Council, Navy League of the United States. He is a



Rear Adm. Daniel H. Stone, SC, USN, Chief of Supply Corps, left, and CAPT Brian D. Sheppard, SC, USN, Commanding Officer of the Navy Supply Corps School, right, congratulated retired Reserve Rear Adm. Frank J. Allston, SC, USN, on receiving the Supply Corps Lifetime Achievement Award at a ceremony at the Supply Corps School in Athens, Ga., on Oct. 19, 2006.

life member of the Navy League, U.S. Naval Institute, and Naval Reserve Association, and a member of the Military Officers Association of America.

In his civilian career, he served in management positions with General Electric Company, Bunker Ramo Corporation, and IC Industries, Inc. At the time of his retirement from the corporate business community, Allston was Vice President-Corporate Affairs, Illinois Central Railroad, and continues to serve as a business communications consultant. He remains an active participant in his community serving on the DuPage County Transportation Committee, the Northeast Illinois Railroad Corporation Citizens Advisory Board and more. He also participated in the Naperville Riverwalk Foundation in the past. He was awarded the Rotary International Four Avenues of Service Citation in 1999.

Among Allston's many medals and awards are the Navy Meritorious Service Medal, Legion of Merit, and Distinguished Public Service Award. He was named as a Distinguished Alumnus of the Navy Supply Corps School in 2004.



...but you can turn it back, at 2 a.m. on October 30. That is when daylight-saving time ends and standard time begins. Remember, spring forward, fall back. The semi-annual time change is also a good time to change the batteries in smoke alarms.

Navy improves network security by blocking access to commercial/personal Webmail on official computers

By Chief Journalist (SW/AW/) Joseph Gunder
Naval Network Warfare Command Public Affairs

The Navy has begun enforcing policies set forth in its Information Technology User Acknowledgement Form by blocking access to Web-based commercial e-mail sites (webmail) from Department of the Navy-funded networks. That means it's no longer possible for anyone using Navy information technology to access commercial Webmail from providers such as Yahoo, Hotmail, AOL and others.

The new policy enforcement has taken effect throughout the Navy and applies to computer systems on ships and ashore, both in the United States and overseas.

ONE-NET (OCONUS Navy Enterprise Network) started blocking Webmail access Oct. 18 for overseas users. Both NMCI (Navy/Marine Corps Intranet) for U.S.-based users and IT-21 for afloat users have been blocking since Oct. 12.

"Navy Networks are a weapon system and must be defended with the same rigorous standards as other weapon systems," explained Vice Adm. James P. McArthur, commander, Naval Network Warfare Command (NETWARCOM). "People and

mission are at risk without access to assured, secure, complete, accurate and timely information."

The restrictions on commercial Webmail are necessary to protect the Navy's networks from multiple threats while maintaining operational security on all of its systems that are connected to the Department of Defense's Global Information Grid.

According to Chief Warrant Officer Karen Williams, an Information Assurance implementation policy writer for NETWARCOM, Webmail could provide a window for malicious software to enter a government computer system.

"Any pop-up ad that appears in a webmail message could potentially contain a virus when it opens," she said. "An attachment that comes in from a Webmail message could possibly bypass all the safeguards all the way to the user's computer." In addition, just opening a Web browser window to these commercial Webmail sites can leave a computer open to outside attack.

The policy was put into effect July 16 through a message from the Department of the Navy's Chief Information Office about "Effective use of Department of Navy Information Technology Resources."

A Navy Telecommunication Directive issued July 25 directed that every Navy network user must fill out, sign and date a Navy Enterprise Information Technology User Acknowledgement Form prior to receiving access to government-provided IT services and systems (i.e., being granted a network account with e-mail). This User Acknowledgement form was to be completed for all Network users by Oct. 1.

An educated user base is an essential part of Navy's defense-in-depth strategy. Everybody was supposed to have had Information Assurance (IA) training by Oct. 1 to ensure we have smart users," Cathy Baber, branch head for policy and procedures at NETWARCOM said, "and no one else will be allowed

access to the network until they have gone through a minimum level of training."

"As for popular commercial Web sites and search engines, the only part of those sites that are being blocked are the commercial Web-based e-mail elements," explained Neal Miller, deputy director of the Enterprise Management Directorate at NETWARCOM. "And it's only from government-provided official business networks. It's exclusively about securing our shared asset, the government enterprise network."

"You can still go to a search engine to look on the web and surf," said Baber. "This won't prevent any of that."

Ships have had various levels of protection in place since 1999, but they were largely based on managing bandwidth and were set at the discretion of commanding officers. Some ships have been blocking Webmail for years for bandwidth and operational security reasons. The Marine Corps has been prohibiting access to commercial Webmail since December 1999 on the Marine Corps Enterprise Network.

Sailors will still be able to send e-mail from their military accounts to a commercial account. But Baber stressed that users should never have their military e-mail set up to autoforward messages to their personal account. Autoforwarding to a personal account is a major operational security risk.

Baber said the policy prohibiting autoforwarding was put in the User Acknowledgement Form to ensure all users were aware of their responsibilities.

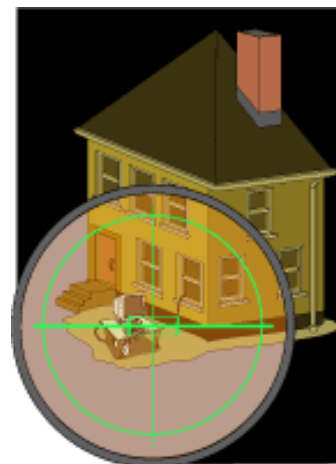
Network users are the first line of network cyber defense. Though many commercial Webmail providers claim to use the latest up-to-date anti-virus protection, Baber said that there's no assurance that everything is safe or meets the Navy's security standards.

There are options to help minimize the impact of not having access to commercial Webmail, according to Baber. "Sailors on some large-deck ships may have access to certain computers in the ship's library that aren't connected to the Navy backbone that will allow commercial e-mail to be viewed," Baber said. "This lessens risk to our official business networks."

Baber said that any legacy networks are required to comply with the Navy's new policy.

"If there is a legacy network that has its own DNS (domain name system) server, it is required to implement blocking of these addresses, as well."

For more information, please contact your local Information Assurance Manager (IAM), or go to <https://infosec.navy.mil>.



From the Fleet... Simple Steps to Reduce Your Energy Bills

By *FLTCM(AW/SW) Jon R. Thompson*

Although Hurricane Katrina is long gone, the affects are still being calculated. The talk of the day is about upcoming energy prices. Some sources indicate we may be headed for a 20 to 40 percent increase in energy prices during the winter months. Homeowners who rely on natural gas may see, on average, a 50 percent increase. For some of you, these elevated costs will mean tightening your budgets. Fortunately, there are some very simple things we can all do that may at least help keep our budgets in check.

I'll start with our homes. Depending on the age of your home, you may be throwing away a lot of money if you are not paying attention to some little things that, when added together, can really increase your home heating costs.

- Turn your water heater to the warm setting (120 degrees Fahrenheit). Make sure your water heater has an insulating blanket.
- Consider replacing incandescent lights with compact fluorescents (CFLs) that can save three-quarters of the electricity used by incandescents.
- Check the age and condition of your major appliances, especially the refrigerator. You may want to replace them with more energy-efficient models.
- Clean or replace furnace, air-conditioner, and heat-pump filters on a regular basis.
- Rope caulk leaky windows.
- Insulate hot water pipes and ducts wherever they run through unheated areas.
- Seal up the largest air leaks in your house — the ones that whistle on windy days, or feel drafty. The worst culprits are usually not windows and doors. They're utility cut-throughs for pipes, gaps around chimneys, gaps around recessed lights in insulated ceilings or unfinished spaces behind cupboards and closets.

· Schedule an energy audit (ask your utility company or state energy office) for more expert advice on your home as a whole.

In addition to paying attention to the way you heat and maintain your home, there are some very easy steps you can follow to conserve automobile fuel. Although your car may do well in the miles per gallon category, your driving habits and maintenance attention could help you reduce your fuel bill as well.

- Be a light foot: The more you "step on it" the lower your miles per gallon.
- Keep a log: Tracking your fuel economy will help you maintain a reference point for comparison.
- Good inflation: Maintaining optimal tire pressure is one of the best ways to increase fuel efficiency.
- Weight watchers: The heavier your car, the more fuel it takes to move it. Whenever possible, make your car as light as possible.
- Fill'r up, not over: Stop when the pump shuts off automatically.
- Don't be idle: Most modern, fuel-injected engines do not need to be warmed up. Unnecessary idling wastes fuel.
- Stay in tune: Keep your car in top mechanical shape. If it runs good, it runs cheaper.
- Buy from busy gas stations: Since their tanks are filled more often, you are less likely to get gas with water or other impurities.
- Plan local trips and errands: Some simple forethought will pre-



FLTCM(AW/SW) Jon R. Thompson

vent having to retrace your path.

· Drive straight: Make sure your front suspension is properly aligned. Poor alignment causes friction, causes premature tire wear, and requires extra gas to move your vehicle.

· Cruise control: On long trips where traffic permits, use your cruise control.

· Low grades: Don't waste money on premium gas if your car doesn't require it. Consult your owner's manual.

· For more gas mileage tips, visit: www.fueleconomy.gov/feg/drive.shtml.

Shipmates, we all work hard for our money. As energy prices go up, we owe it to ourselves to do what we can to conserve and prevent ourselves from wasting energy and money. I'm confident if we all take advantage of some of the tips I outlined, we will limit the damage to our bank accounts. I think you'll be amazed if you just turn your thermostat down in the winter, turn off lights when you're not in the room, and remember to perform routine maintenance on your home and automobile. I'm guessing each of us can realize savings that just might offset some of the price energy increases that we may see.

A few final recommendations for those of you who really want to save a lot: take shorter showers; turn off your television before you go to sleep (vice using the sleep mode); don't open the refrigerator door over and over; carpool if possible; buy energy-efficient products; close off unused rooms; delay the use of electric appliances, such as ovens, dishwashers, clothes dryers, until 9 p.m.; and lastly, purchase a hybrid automobile.

Gulfport from page 1

going out to the families in need,” said Jeffers.

It's been nearly two months since Hurricane Katrina struck the Gulf Coast, and much of the area looks a lot like it did the day after the deadly hurricane blew through. The mental images that Jeffers brought back with her will last a lifetime. “I wanted so much to do something to help the pain they had to all be going through even though I didn't know many people there,” said Jeffers. “I was told that they are still finding bodies in the debris. Something like this can really bring out the human spirit in a person to want to be a good neighbor or a good samaritan. How could anyone see something like that and not want to help in some way?”

She also helped some customers there who have orders to Norfolk. They will arrive knowing that there will be at least one familiar face in town when they arrive. “I had a few customers who were being assigned to Norfolk, so I gave them my number and told them to call me if I could help them when they got here.”



A family marked their address on a board so they would know which pile of rubble was theirs. Nearly two months after Hurricane Katrina struck the Gulf coast, this scene was a typical one in the Gulfport, Miss. area.

Free golf in Nov. for active-duty & retired military

Ocean View Golf Course and Billy Casper Golf announced the Norfolk facility will offer free golf to all retired and active-duty military personnel and veterans in November as part of the course's "Military Appreciation Month."

Tee times can be reserved by going online to www.oceanviewgolf.com or by calling the pro-shop at (757) 480-2094. The free greens fees do not include rental of a riding cart which is \$12.50 per person.

"Ocean View Golf Course is offering this small gesture to recognize the service and sacrifice of our wonderful men and women in uniform, our retired military personnel and our veterans," says the facility's general manager Mike Valleau. "Military Appreciation Month at the course is our way of saying 'Thank You' to a community that has given so much to the Hampton Roads area and the entire nation."

"Ocean View is in great condition and players are really going to enjoy their rounds when they come out in November," says Valleau. "One of our goals is to enhance the overall golf experience at the course and to introduce as many people as possible to the layout."



Spirit of Norfolk

FJSC Norfolk Holiday Party

Friday, December 16th

Boarding Time 7:30

Dinner Cruise 8:00 pm - 11:00 pm

Cost \$25 per person



★ POC's: Larry Ellis, Code 200, 3-1419
LT Kerry Baker, LSC, 3-1870
Martha Conner, Code 300, 3-1772



Bravo Zulu



Terry L. Bledsoe, Code 501.4, is the FISC Norfolk Supervisor of the quarter



Ron Hughes, Code 506, is the FISC Norfolk GS Employee of the Quarter

Other nominees were:

Supervisor of the Quarter

Terry Greer, Code 415.11

Frank Winstead, Code 504.3

Marcos Eyzaguirre, Code 401.4

Michael Garris, Code 502

Ray Spivey, Code 303.1

GS Employee of the Quarter

Joyce Davis, Code 00LC

Michael Mattson, Code 401.4

Alberto Villanueva, Code 431

Anita Baines, Code 401.3

Darlene Nagy, Code 520C

Clarence Alston, Code 501.32

Wage Grade Employee of the Quarter

Leslie Hawks, Code 502

Claude Chavis, Code 502

All Employee of the Quarter nominees received a time-off award.



Herbert Silver, Code 502, is the FISC Norfolk Wage Grade Employee of the Quarter

Bravo Zulu





The FISC Norfolk Work Team of the Quarter is the Personal Property Office, Code 401.3. Representing their group are (back row, (l-r) FISC Norfolk Commanding Officer Capt. Tim Ross, Alexis Wiggins, Eloise Perry, Ulysses Hardy, Pam Howard. Front row (l-r) Sylvia Dunford, Donna Scott, Linda Britt, Anita Baines. Not pictured are Carrie Jeffers, David Stone, Dawn West, Inez Grant, Jesse Spalding, Cora Filush, Tony Dzidual, Jean Alvaran, Phyllis Harris, Louis Anderson, Cheryl GrayMcDonald, Don Lutz, Cherryl Kearney, Theo Cooper, Val Edwards, Dave McCoy, Audrey Arrington, Carolyn Szablowsky, Gail Dingle Freeman, Joan Crawford, Leon Jeffries, Mamie Jones, Oscar Givens, Pat Fulton, Paula Sawyer, and Terry Chilcott. The other nominees for Work Team of the Quarter were ATAC Hub, Codes 502 and 506; Katrina Contracting Group, Code 230A4; HazMat Team, Code 401.2; NNSY Credit Card Section, Code 515.321; NNSY Packing & Shipping, Code 501.412; Purchase Card Branch, Code 308.3; and Subsistence Team, Code 432.

LOA for Linda Gray

Congratulations to Linda Gray, Traffic Manager, PPSO, FISC Norfolk Code 403 Philadelphia Division. She received a letter of appreciation from the vice president of Paragon Van Lines, Inc, acknowledging her personal attributes of being "consistent, dependable and accurate in carrying out responsibilities (of the PPSO) to a successful conclusion." The LOA was endorsed by FISC Norfolk Commanding Officer Capt. Tim Ross, who added "you are one of the most effective and efficient members in the Philadelphia Division."



FISC Norfolk Commanding Officer Capt. Tim Ross congratulates Eugene Reuber for his 35 years of government service.

